THE COMPLETE HERBAL GUIDE

STACEY CHILLEMI

Stacey Chillemi is a popular and recognizable health and lifestyle reporter and expert, columnist and health host. Author of The Complete Guide to Natural Healing, along with 20 other published books, Stacey is the founder of The Complete Herbal Guide (thecompleteherbalguide.com), which currently has over 160,000 monthly visitors. Stacey has been a guest on numerous lifestyle and health-related TV and radio programs, and is a recognized health and natural remedies expert, with over 20 years in practice as a Health Coach. Stacey has been a guest on the Dr. Oz Show, local news, and numerous radio shows.

THE WEBSITE

The Complete Guide to Natural Healing believes that food, vitamins, supplements and alternative medicine can be your best medicine. This website will show you the truth about health and wellness, so you can help your family and closest friends get even healthier. You’ll learn exactly what you should do and how to eat to get healthy, exercise to get your leanest, healthiest body and how to take control of your family’s health, using natural remedies as medicine.

Thecompleteherbalguide.com was created to give you the truth about health, so you can live a vibrant, energetic life based on a natural approach to healing the body and maintaining optimal health using alternative medicine, herbals, vitamins, fruits, and vegetables. Try living a healthier lifestyle and watch your body transform before your eyes, feel your energy levels increase from one day to the next, and discover the power of alternative medicine, herbals, vitamins, fruits, and vegetables, just as tens of thousands of others already have discovered.

6 thousand Followers
10.4K Followers
1.4k Followers
2.3 Million Readers
4.5K Subscribers
Stacey Chillemi is on a mission to transform the health of millions all across America. In 2010 Stacey Chillemi founded The Complete Herbal Guide and quickly her website grew it to see over 40,000 readers weekly on her website, making it one of the largest natural health websites in the United States.


As a speaker, writer and frequent guest on radio shows and TV show, Stacey Chillemi offers life-changing health solutions to readers and listeners globally. She also is a highly sought after speaker in communities, organizations, and businesses.

Stacey Chillemi has been a writer for many professional doctors. In 2009 she wrote a book called, Epilepsy and Pregnancy with Dr. Blanca Vazquez, MD and she was one of the very few writers who was not a doctor allowed to write for Neurology Now Magazine giving advice on nutrition, epilepsy and common medical conditions. She recently was a guest on ESPN910 with Dr. Jeff and Brain Andrews discussing Alternative medicine for athletes.

Stacey Chillemi has created one of the top 50 natural health websites in the world. She was awarded the Natural Medicine Website Award for 2017. She runs two health websites, thecompleteherbalguide.com and her natural Health website store.thecompleteherbalguide.com. The website receives over 160,000 monthly visitors, where the main topics include nutrition, fitness, health recipes, ways to reduce stress and current health news and videos.

She has built a significant Twitter following of over 10,000 followers where she answers questions from her fans. She has been featured on CBS, Dr. Oz, New Jersey Women and NJ 12 News.

Stacey is a regular writer for the Huffington Post, one of the largest and credible news media outlet. In 2016 Stacey Chillemi was asked by Arianna Huffington to review her book The Sleep Revolution.

Stacey Chillemi has even spoken in front of Congress in Washington for employment discrimination for people with epilepsy.

This book is packed with informative information on how to naturally prevent, treat and overcome hundreds of common conditions that affect our society on a daily basis.
Stacey Chillemi is getting ready to launch her line of organic soaps, hand sanitizers, Epsom salts and face serums. These products will launch in the Fall of 2017 and they have already gained a significant interest from investors and sponsors.

**THE COMPLETE GUIDE TO NATURAL HEALING**

This 2016 Edition teaches people how to heal their body without having to rely on medicine and over-the-counter drugs. The valuable information in this book helps guide readers on how to maintain optimal health and overcome disease naturally.

**HERBAL GUIDE ONLINE STORE**

Stacey Chillemi recently launched the Herbal Guide Online Store, a reliable resource for customers favorite health products. We formed The Herbal Guide Online Store because we were frustrated with the supplements and products available to us. We realized that the products we were using contradicted our principles of good nutrition with fillers, artificial flavors, and ingredients our bodies just didn’t need. Our goal is to make a healthy difference in people’s lives every day and travel with each customer on their wellness journey. We gained a significant following during the pre-launch.

**STACEY CHILLEMI'S PRODUCTS**

Stacey Chillemi is getting ready to launch her line of organic soaps, hand sanitizers, Epsom salts and face serums. These products will launch in the Fall of 2017 and they have already gained a significant interest from investors and sponsors.
Stacey Chillemi is a popular promotional speaker, regularly making presentations for Parker Nursing Homes, the Epilepsy Foundation, The Chiropractic and Physical Therapy Center of New Jersey, Get FIT, many local events, and often appearing as a guest, on national radio programs. She is mentored by Joe Dunne Owner of the Natural Wakenings magazine in Central NJ and the other one in Essex County New Jersey and author of the Amazon Best Seller, "The Complete Guide: A Natural Approach to Healing the Body and Maintaining Optimal Health Using Herbal Supplements."

**Appeared On**

- Have Lunch with the Biggest Celebrities with Bert Martinez
- ESPN910 with Dr. Jeff and Brain Andrews
- Lauren Laurino Show On the Dr. Ren Show discussing herbal safety in the third trimester
- The Dr. Oz Show on a segment about anti-aging
- The Dr. Oz Show on a segment about nutrition & Protein
- The Dr. Oz Show on a segment about sleep
- The podcast Health Media Now-Stacey Chillemi-How to Heal Your Body Using Natural Remedies hosted by Denise Messenger
- The Dr. Oz Show - 60 Second Life Hacks
- The Dr. Oz Show - How to Relieve Back Pain in 15 Minutes
- The radio show "The Wellness Ultimatum Radio Show: Optimal Health with Stacey Chillemi!"
- The radio show "Blisshacker Radio: Optimal Nutrition and Health with Stacey Chillemi"
- The podcast show "Vegetable Gardening with Mike the Gardener"
- The podcast show "My Seven Chakras with Aditya"
- The radio show "Talk Story Radio with Julia Widdop"
- The radio show "Your Golden Years" hosted by Dr. Mara Karpel 2014 - 2015 on (Herbal Remedies)
- The radio show "Your Golden Years" hosted by Dr. Mara Karpel 2014 -2015 on (Epilepsy)
- The "Jennings Wire: World to Success Podcast
- News12 hosted by Journalist Della Crews
- The TV Show New Jersey Women
- Four talk shows to discuss epilepsy focusing on the importance of understanding epilepsy, how to help someone having a seizure and giving people with epilepsy encouragement and hope for the future.
- Radio stations discussing epilepsy
- The Michael Dressor Show – Health Radio
- Spoke in front of Congress in Washington for employment discrimination for people with epilepsy
- Spoke at different events for schools, organizations, political events
The Complete Herbal Guide

PUBLISHED BOOKS

Author Stacey Chillemi

1. Natural Remedies for Common Conditions: How to Prevent, Heal and Maintain Optimum Health Using Alternative Medicine, Herbals, Vitamins and Food
2. The Complete Herbal Guide: A Natural Approach to Healing the Body
4. Asthma: Clear Answers and Smart Advice for Someone Diagnosed with Asthma
5. Epilepsy You're Not Alone: A Personal Approach on How to Cope with Epilepsy
6. Eternal Love: Romantic Poetry Straight from the Heart
7. My Mommy Has Epilepsy (Children's Book)
8. My Daddy Has Epilepsy (Children's Book)
9. Keep the Faith: To Live and Be Heard from the Heavens Above (poetry book)
10. Live, Learn, and Be Happy with Epilepsy
11. Epilepsy and Pregnancy: What Every Woman Should Know
   Co-authored by Dr. Blanca Vasques
12. Faith, Courage, Wisdom, Strength and Hope
13. Life’s Missing Instruction Manual: Beyond Words
15. How Thinking Positive Can Make You Successful: Master the Power of Positive Thinking
16. Beginners Tips for Horse Training: What Every Horse Trainer Should Know
17. Natural Cures for Common Conditions: Learn How to Stay Healthy and Help the Body Using Alternative Medicine, Herbals, Vitamins, Fruits and Vegetables
18. The Ultimate Guide to Living Longer and Feeling Younger
19. How to Buy a Home Using a VA Loan: What Every Home Buyer Should Know
20. How to Purify Your Drinking Water: Understanding the Importance of Purifying Water and How Purified Water Can Keep You Healthy and Prevent Unwanted Illnesses and Diseases from Occurring

STACEY CHILLEMI STORIES AND POETRY HAVE BEEN PUBLISHED IN:

Chicken Soup for the Recovering Soul
Chicken Soup for the Shoppers Soul
Whispers of Inspiration
"Stacey is an amazing writer. The book review she created for us went above & beyond our expectations. It was clear she thoroughly read the book and brought out some positive attributes that we didn't even see. We've very thankful to have discovered Stacey and her services. We highly recommend her!"  ~ **Ryan McCormick** from Goldman McCormick PR

"I have enjoyed working with Stacey at The Complete Herbal Guide. They have a great social media presence and has assisted me so much these last few years in promoting my clients brands. They are timely and they keep their word and very pleasant to work with. I recommend doing business with the group"!  ~ **Sandra Parker**

Having an army of qualified experts (my personal vouch goes for Dr. Lynda White) and a wealth of healthcare related advice, I found The Complete Herbal Guide’s community to be a home for both my queries and ideas. I humbly recommend you check them out and find for yourself a perfect alternative health-related guide.  ~ **Mike Jones** from TGC Media

The Complete Herbal Guide has been an amazing resource for natural brands I represent. Stacey Chillemi and her team have provided excellent product reviews for supplements and skincare products from SeabuckWonders, Devera Naturals, Good Karma Skincare and many others--helping to increase brand awareness, while providing key insight and trial results to their many followers. The Complete Herbal Guide is truly a one-stop shop for researching information on all the latest natural brands and products.  ~ **C Boldt Consulting**

I am so glad I found Stacey Chillemi for all my website writing needs. No more searching for nonexperienced writers because I have found Stacey. She is formative, reliable and creative.  ~ **Vic C** from Owner, Goteck1.com

"’’What a thrill to have Oublette--A Forgotten Little Place reviewed by Stacey Chillemi on the Huffington Post. Not only is her review one we spotlight on our website and through social media, but it is exceptionally well-written and gives great insights into the book. We’ve received many comments from fans who mention reading Stacey’s review.‘’ Desi**ree from Black Chateau Enterprises

Stacey Chillemi Is My Go to Person for the Best Reviews and Ideas for Media  ~ **Shirley Sandler** Shirley from Sandler Public Relations

"Stacey was an absolute joy to work with. She was so efficient and effective and gave Dr. Axe’s first published book, Eat Dirt such an amazing review. We highly recommend working with her, we know that you will be very impressed, just like we were."  ~ **Kaley Lamberson** from Draxe.com

I have worked with Stacey for several years now and she has never disappointed. She is responsive, gives her honest input on what venue and format are best for your client, and delivers promptly. I have always been pleased with her work as have my clients. I trust her marketing, editorial and writing skills and the ease in which she fits into my client’s budgets. She is my go-to person on the web. **Kelly Charles** from Kc Communications
SERVICES OFFERED

- Sponsorship
- Social Media
- Promotions
- Attending Events
- Product Reviews
- Website Advertising

AUDIENCE REACH

- 10k Daily Readers
- Top 60% on Social Network
- 10.4k Total Engagement per Twitter post
- 6K Facebook Reach

PARTNERSHIP/AFFILIATES

- Natural Awakenings
- Partners with Hydromer
- The Chiropractic and Physical Therapy Center of New Jersey
- Dr. Ren (Lauren Laurino) Naturopath

CONTACT ME

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